

Physical Education: An Archival Research Guide

“The aim of the work in Physical Education is to correct careless physical habits, develop the body symmetrically, and give to the student that erect, strong, reliant, dignified, graceful carriage and deportment that always characterize the cultured woman.”

*--1895-96 Annual Catalogue of the
State Normal and Industrial School*

OVERVIEW

The Martha Blakeney Hodges Special Collections and University Archives at The University of North Carolina at Greensboro (UNCG) contains a number of primary and secondary source materials related to physical education including dance, gymnastics activities, and sports. When Charles Duncan McIver founded the State Normal and Industrial School (now UNCG) in 1891, he was well aware of the importance of physical education. Courses in health and physical education were first taught through the Department of Physiology and Physical Culture. In addition to classes, the students were required to take a daily “walking period” of forty-five minutes to get exercise. While the arrival of intercollegiate athletics in the 1960s at UNCG has increased the awareness of sports on campus, this guide focuses only on the concept of physical education as it related to curriculum and to student recreation. This guide is a list of resources to help researchers in learning about the extensive materials that Special Collections and University Archives has to offer regarding physical education at UNCG and across the discipline, especially with a focus on the early childhood education movement. For more information on intercollegiate athletics at UNCG, please refer to the “Athletics” research guide.

ARCHIVAL RESOURCES

University Archives

Health and Human Performance, School of, (formerly known as the School of Health, Physical Education, Recreation, and Dance), 1909-2010

UA 7

This collection contains over thirty-seven linear feet of processed and unprocessed material relating to the School of Health and Human Performance (HHP). Its mission was to enhance the health and well-being of the people of the state, region, and nation through excellence in teaching, research, and service. Prior to 1971, the School of HHP was known as the School of Health, Physical Education, and Recreation. In 1980, the Department of Dance was added to the School to become the School of Health, Physical Education, Recreation, and Dance. In 2011, the School of HHP merged with the School of Human Environmental Sciences to become the School of Health and Human Sciences. Part of the collection includes material from some of the various

departments within the school including: Physical Education, Recreation and Leisure, Dance, Exercise and Sports, and Kinesiology. The records contain annual reports, correspondence, handbooks, memorandums, newsletters, and self-study reports which help to document physical education at UNCG. For more specific information on a particular topic, please contact the University Archives.

Recreation Association Records, 1925-1977

UA 51.26

[FINDING AID](#)

The Recreation Association was a student organization created in 1941 for the purpose of overseeing athletic competition and recreational activities on campus. This collection consists of correspondence, flyers, manuals, minutes, programs, and reports which document the organization's involvement with intramural sports and recreational activities from 1925-1977.

Committee-Campus Recreation, 1979-1992

UA 53

The Campus Recreation Committee was established in 1979 to examine the organization of intramural sports on campus and to oversee the funding and operation of sports and recreation at the university. The collection contains annual reports, brochures, budgets, meeting minutes, memoranda, newsletters, and self-study reports.

Committee-Golf Course, 1966-1967

UA 53

The Golf Course Committee records contain a folder of memorandums related to the golf course at UNCG.

Committee-Intramural Sports/Campus Recreation, 1978-1980

UA 53

The Intramural Sports/Campus Recreation Course Committee records is one folder with memoranda and letters related to the establishment of the Campus Recreation Committee.

Committee-Piney Lake, 1956-1977, 1981-1992

UA 53

The Piney Lake Committee was created to facilitate in the development and operation of Piney Lake, which was purchased by the College in 1956. Piney Lake is a forty-acre facility that is used by students, faculty, staff, and their families for outdoor recreation. It includes two lakes, a picnic pavilion, and areas for other recreation such as volleyball, horseshoes, and hiking. The collection contains two folders with annual reports, meeting minutes, and memoranda.

Committee-Piney Lake Task Force Records, 1999

UA 53

The Piney Lake Task Force was created in 1999 by Provost A. Edward Uprichard to make recommendations about the future of Piney Lake. The task force was asked to examine programmatic issues, funding issues, and any other issues that were deemed appropriate. This collection contains correspondence, meeting minutes, and the final report.

Manuscript Collections

Emily Alford Film, 1968-1969

MSS 077

[FINDING AID](#)

The film shows Emily Alford, the last Elementary Physical Education Specialist in the DeKalb Schools in Illinois, conducting movement education (gymnastics) with 5th graders at Glidden School (which no longer exists) in 1968-1969.

Kate Barrett Scottish Country Dance Collection, 1911-1963

MSS 143

[FINDING AID](#)

The Kate Barrett Collection dates from 1911 to 1963 and contains music and dance instructions for different types of Scottish country dances, which include reels, jigs, strathspeys, and waltzes. The material was gathered while she was teaching at the Rodean School, Brighton, England from 1959 to 1961.

Joyce Boorman Papers, 1968-1983

MSS 086

[FINDING AID](#)

The Joyce Boorman Papers contain brochures, memoranda, correspondence, reel-to-reel tapes and videotapes. The majority of the materials in the collection were collected and arranged by Ms. Boorman as chairman of the First International Conference on Dance and the Child, and include information regarding Ms. Boorman's elementary school dance workshops, her publications, and video and audio tapes of performances and conference proceedings.

Howle Fisher Collection of Denishawn School of Dancing Choreography, 1924-1933

MSS 149

[FINDING AID](#)

The Howle Fisher Collection of Denishawn School of Dancing Choreography contains notation and choreography for performing dances of the Denishawn School of Dancing in California.

Gladys Andrews Fleming Papers, 1939-1983

MSS 065

[FINDING AID](#)

The Gladys Andrews Fleming Papers contain conference and workshop materials, correspondence, publications, educational documents, biographical materials, honors, and awards related to Gladys Andrews Fleming a professor of physical education and a leader in the field of movement education.

James H. Humphrey Publications, 1952-1984

MSS 066

[FINDING AID](#)

The James H. Humphrey Publications include papers, booklets, cassette tapes, filmstrips, and recordings related to James H. Humphrey, a professor of physical education and a leader in the field of learning through movement for children.

Bette J. Logsdon Collection, 1969-1974

MSS 095

[FINDING AID](#)

The Bette J. Logsdon Collection includes films, photographs, and publications that document creative movement exercises with children.

Elizabeth A. Ludwig Papers, 1938-1979

MSS 062

[FINDING AID](#)

The Elizabeth A. Ludwig Papers contain articles, workshop material, notes, photographs, correspondence, motion picture films, and videotapes. These materials were created and collected by Dr. Ludwig during the years of her professional activity as a teacher of movement and movement education. The motion picture films and photographs illustrate children of different ages engaged in various activities, such as tumbling, climbing, running, and jumping.

Jean Knapp Marsh Papers, circa 1920s-1992

MSS140

[FINDING AID](#)

The Jean Knapp Marsh Papers include teaching materials, sheet music, typescript and manuscript music, a scrapbook of dance/costume materials, and photographs from Jean Knapp Marsh, a leader in the field of physical education and dance.

Ruth L. Murray Papers, 1933-1985

MSS 089

[FINDING AID](#)

The Ruth L. Murray Papers contain minutes, correspondence, speeches, teaching material, news clippings, brochures, and conference papers related to Ruth L. Murray, a pioneer in the field of dance education.

Lorena Porter Papers, 1958-1985

MSS 072

[FINDING AID](#)

The Lorena Porter Papers contain textbooks, photographs, articles, correspondence, meeting minutes, and motion picture films from Lorena Porter, a professor of physical education and a leader in the field of movement exploration for children.

Jeannette B. Saurborn Papers, 1933-1986

MSS 102

[FINDING AID](#)

This collection contains notes, correspondence, clippings, and educational materials related to physical education for children, gathered by Dr. Jeannette Saurborn who taught physical education in public elementary schools in Michigan and New York. The collection also contains copies of her theses for her master's and doctoral degrees, and a copy of her vita.

Ruth St. Denis Lecture, 1964

MSS 117

[FINDING AID](#)

Ruth St. Denis (1879-1968) was a dancer, choreographer, teacher, and one of the founders of the Denishawn School of Dance. This collection consists of an audio tape and transcript of a lecture given by St. Denis at California State University at Los Angeles, May 22, 1964. Topics discussed include her philosophy of dance and famous dancers with whom she had worked.

Virginia Tanner Papers, 1945-1979

MSS 081

[FINDING AID](#)

Virginia Tanner (1915-1979) was a pioneer in children's dance education. Her papers contain flyers, brochures, teaching notes, student papers, workshop materials, correspondence, photographs, motion picture films, and videotapes.

Joan S. Tillotson Papers, 1950-1969

MSS 073

[FINDING AID](#)

The collection contains correspondence, reports, programs, and photographs relating to Project Movement Education for which Joan Tillotson was the director from 1966 until 1969. This project was a Title III grant through the Elementary and Secondary Education Act. It was implemented in 1966 in a three county area around Plattsburgh, New York. The project's purpose was to develop a curriculum of movement education. A few earlier papers not related to the project are also in the collection.

Celeste Ulrich Speeches, 1950-1991

MSS 113

[FINDING AID](#)

Celeste Ulrich (1924-2011) was a professor of health, physical education, and recreation at UNCG from 1956 to 1979, and a leader in the field of physical education. The Celeste Ulrich speeches include transcripts of speeches spanning Ulrich's professional career. Also included in this collection is a bound transcript of an oral history interview with Ulrich, conducted by Allys Swanson and Sharon L. Van Oteghen on March 28, 1990. This interview was part of a project to interview retired American Alliance for Health, Physical Education, and Recreation presidents and national award recipients.

Rare Books

The Martha Blakeney Hodges Special Collections and University Archives contains an extensive collection of rare books dating back to the sixteenth century, with emphasis on the nineteenth century in areas such as gymnastics, swimming, and general recreation, with a number of works on exercise and sports for girls and women. Due to the size of the collection, there is not a list of all the books; however, they can be found for through the library catalog. [[Search Cataloged Materials](#)]

Oral History Collections

Burns, Marjorie
January 8, 1991
Centennial Oral History Project
OH003

Marjorie Burns, graduated in 1946 after majoring in physical education. Her interview contains discussion of Mary Channing Coleman and Ethel Martus Lawther, two physical education professors.

Hennis, Gail
January 18, 1990
Centennial Oral History Project
OH003

Gail Hennis, was a faculty member in the School of Health, Physical Education, Recreation, and Dance. Her interview covers the topics of Mary Channing Coleman, her impressions of the Physical Education Department, and athletics on campus.

Isgett, Martha Carson
May 14, 1991
Centennial Oral History Project
OH003

Martha Carson Isgett, graduated in 1967 after majoring in physical education. Her interview covers her desire to come to UNCG because of its fine Physical Education program, her experience in the Physical Education program, and intramural sports.

McGee, Rosemary
May 21, 1990
Centennial Oral History Project
OH003

Rosemary McGee, was a faculty member in the Department of Physical Education from 1954 to 1988. In her interview she discusses Coleman Gym, Ethel Martus Lawther, and teaching physical education.

McKinney, Doris
November 30, 1989
Centennial Oral History Project
OH003

Doris McKinney was a faculty member in the Department of Physical Education from 1960 to 1987. In her interview she discusses Ethel Martus Lawther and the school's physical education curriculum.

Robinson, Sarah “Sally”
March 13, 1990
Centennial Oral History Project
OH003

Sally Robinson, graduated from The Women’s College of North Carolina (now UNCG) in 1961 after majoring in physical education and became a faculty member in the School of Health, Physical Education, Recreation, and Dance in 1976. In her interview she covers the topics Mary Channing Coleman, Ethel Martus Lawther, and her undergraduate curriculum in physical education.

Solleder, Marian
December 11, 1990
Centennial Oral History Project
OH003

Marian Solleder, was a faculty member in the Department of Physical Education from 1966 to 1988 and later became Assistant Dean of the School of Health, Physical Education, Recreation, and Dance. In her interview she discuss the Physical Education program at UNCG.

Umstead, Betsy
December 7, 1989
Centennial Oral History Project
OH003

Betsy Umstead, graduated in 1949 after majoring in physical education and later became a faculty member in the School of Health, Physical Education, Recreation, and Dance from 1968-1995. In her interview she discusses the Physical Education program at UNCG.

Subject Files

The University Archives houses individual subject files on the following topics:

Coleman Gym
Exercise and Sports Science, Department of
Health and Human Performance Complex
Health, Physical Education, and Recreation,
Department of
Health and Human Performance, School of
Physical Education, Department of
Physical Education – History
Piney Lake
Rosenthal Gym

Biographical Files

The University Archives houses individual biographical files on the following people:

Coleman, Mary Channing
Mautus, Ethel Lauther

Photographs

The UNCG University Archives contains several photographic collections related to physical education on the UNCG campus including photographs on the following topics:

Coleman Gym
Exercises and Sports Science, Department of
Health and Human Performance Complex
Health, Physical Education, and Recreation, Department of
Health, Physical Education, and Recreation, School of
Physical Education, Department of
Piney Lake
Rosenthal Gym
Tennis Courts

Articles and Pamphlets

Physical Education Pamphlet Collection Special Collections and Rare Books [DIGITAL COLLECTION](#)

The Physical Education Pamphlet Collection is comprised of over 230 pamphlets related to physical education. They cover a variety of topics including exercise, gymnastics, sports, as well as the history of physical education. They have been digitized and can be searched and viewed online.

***State Normal Magazine/Coraddi* [DIGITAL COLLECTION](#)**

The *State Normal Magazine* was a quarterly publication primarily concerned with presenting news about the State Normal and Industrial College (now The University of North Carolina at Greensboro). Renamed *Coraddi* in 1919, the magazine became primarily a literary and fine arts publication and remains so to the present day. The publication, however, does contain articles related to physical education and can be searched online through the online digitized collection.

Books and Dissertations

**Trelease, Allen W. *Making North Carolina Literate: The University of North Carolina at Greensboro, from Normal School to Metropolitan University*. Durham: Carolina Academic Press, 2004.
Jackson Library, call number: LD3952 .T744**

This book provides an extensive history of The University of North Carolina at Greensboro from its founding in 1891 through 1994 and includes information about the beginning and evolution of physical education at the school.

Online Exhibits and Resources

UNCG Department of Kinesiology

< <http://www.uncg.edu/kin/index.html> >

This website provides up-to-date information about the activities within the Department of Kinesiology at UNCG. It includes current course catalogs, ongoing research studies, information about faculty, and links to other websites related to kinesiology.

UNCG Department of Dance

<<http://performingarts.uncg.edu/dance>>

This website provides up-to-date information about the activities within the Department of Dance at UNCG. It includes current course catalogs, information about faculty, and links to other websites related to dance.

Sean Mulligan
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